

YOUTH INSTRUCTION CLASS

LESSON 10: JESUS THE CHRIST: HIS EXALTATION (PART 1)

Opening

- What do we mean when we speak of the *humiliation* of Jesus?
- What are the "steps" in Jesus' time of humiliation?
- After Jesus humiliation comes His *exaltation*. See Philippians 2:5-11.

We believe, teach, and confess that the Son of Man is . . . exalted according to His human nature to the right hand of the almighty majesty and power of God . . . This majesty Christ always had . . . and yet He abstained from it in the state of humiliation . . . After His resurrection He entirely laid aside the form of a servant, but not the human nature, and was established in the full use . . . of the divine majesty, and thus entered into His glory. Not only as God, but also as man, He knows all things, can do all things, is present with all creatures, and has under His feet and in His hands everything that is in heaven and on earth and under the earth.

Jesus' Exaltation

"CHRIST'S EXALTATION is that period of His life when He used His divine powers fully" (Sydow Catechism, p. 125).

What are the five steps in Jesus' exaltation?

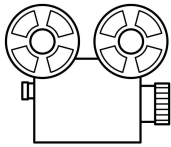
- 1.
- 2.
- 3.
- 4.
- 5.

He Descended Into Hell

- What does it mean that Jesus descended into hell?
1 Peter 3:19 (664)
- Did Jesus go to the evil spirits in order to suffer with them?
Colossians 2:15 (665)
Hebrews 2:14

- Here are some common **false** understandings of Jesus' descent into hell:
 - A. The soul of Jesus went to *limbo*.
 - B. That Jesus was giving unbelievers a second chance (see Lk 16:26-31; Heb 9:27).
 - C. That Jesus suffered the torments of hell after He died (see Jn 19:30).

He Rose Again From the Dead



Review the events of Jesus' resurrection from the dead using the filmstrip *In Our Stead: The Peace of Easter*.

- It is important for Christians to know and believe that Jesus *rose physically from the dead*. This is what the Bible teaches in places such as 1 Corinthians 15:1-8 and others. Passages 666-671 in your catechisms list the Bible narratives of the resurrection.
- Jesus appeared to many people after His resurrection to prove to them that He was really alive again. There is a list of the resurrection appearances (the ones the Bible mentions) in your catechisms on p. 126. The chart below also lists the Bible verses of Christ's appearances.

Bible Reference	Resurrection Appearance
John 20:11-18	
Matthew 28:9-10	
Luke 24:34	
Mark 16:12-13	
Mark 16:14	
John 20:26-29	
John 21:1-22	
Matthew 28:16-20; 1 Corinthians 15:6	
1 Corinthians 15:7	
Luke 24:50-51	
Acts 9:1-6	

- See also the chart in *Nelson's Complete Book of Bible Maps and Charts*, p. 392. This chart also shows a map so you can see the geographical diversity of the appearances.

The Meaning of Jesus' Resurrection

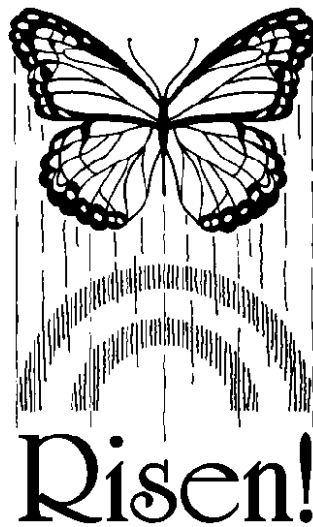
Jesus' resurrection proves four important things:

1. Romans 1:4 (674)

2. Romans 4:25 (675)

3. John 14:19 (677)

4. Luke 24:46



Review Questions

Circle the correct letter:

Jesus' exaltation is:

- A. A time when everybody liked Jesus
- B. A time when He used His divine power
- C. A time when people made fun of Jesus

Jesus' exaltation includes:

- A. His resurrection from the dead
- B. His birth
- C. His suffering and death

When Jesus rose from the dead:

- A. He was no longer a human being
- B. He had a human body like ours
- C. He had a glorified human body

Jesus descended into hell:

- A. To suffer hell for us
- B. To give unbelievers a second chance
- C. To show everyone His victory over the devil

Write four things that the resurrection of Jesus proves:

- 1.
- 2.
- 3.
- 4.

Why does the Apostle Paul say that your faith is "empty" (futile) if Jesus did not rise from the dead?

In Your Catechism

- Study questions 155-159.