



## YOUTH INSTRUCTION CLASS

### LESSON 2S: READING YOUR BIBLE

#### Review

What kinds of things does the Bible teach about? What are the two main types of teaching in the Bible? (Q18) Can you name three familiar Bible stories? The whole Bible deals with \_\_\_\_\_ .

### The Importance Of the Bible

John 20:31 (55)

The Bible is the way Jesus teaches us about Himself, and it is the way He works in our hearts to believe the truth. The more we read and hear about Jesus from the Bible, the more confidence we have in the things He has said.

Romans 10:17 (465)

Because our faith and trust in Jesus is strengthened through the Scriptures, it makes sense that we would want to use our Bibles each day. It is important for every one of us to have a program of personal Bible reading.

### Reading the Bible

At first, reading the Bible can seem to be a big task. It is a big book. But remember, you don't have to read the whole thing every day! Do this to start your own plan of daily Bible reading:

- **Set aside 10 minutes to read your Bible each day**  
The time can be in the morning, afternoon, or evening – whatever you prefer. Make sure, though, that you read at the same time each day.  
  
When I will read my Bible: \_\_\_\_\_
- **When you sit down to read, have as few distractions as possible**  
Turn off the radio or television; ask someone else in the house to take phone messages if your friends call.
- **Before you begin to read – pray**  
Ask God to help you understand His word. See Luke 11:13 (1114).

- **Follow a reading schedule and mark what you have read**

Choose a Bible translation that is easy for you to read. *The New International Version* (NIV) and *An American Translation* (AAT) are good versions for young people.

- **Think about what you read**

Write down what you think is the main point of the section of Scripture you read.

- **Get your questions answered**

If you had questions on your reading for the day, write them down to ask the pastor or another Christian friend. If you have time, try looking through other parts of the Bible to see if Scripture answers your question in another place (sometimes the notes in your Bible will help you with this).



## How Do I Decide What To Read?

When you are first starting your Bible reading program, you may not know where to start or what sections to read. There are many different ways you can choose your reading schedule. Here are some options you can choose from:

- If your goal is to read the whole Bible, start at the beginning and read three chapters each day. At the end of a year, you will have read the whole thing.
- Choose any book of the Bible and read either one chapter or a shorter section each day. Matthew, Mark, Luke, or John are good books to start with.
- Ask the pastor what the Scripture readings for the next Sunday in church will be and read them every day during the week. When Sunday comes and they are read in the service, they should sound familiar to you!
- Use a topical Bible to find passages on something you would like to learn more about. Read two or three passages each day on your chosen topic.
- Read one of the psalms each day. It will take you about five months to read them all. (If you read five each day, you will get through all the psalms in a month.)
- Each day, choose a hymn from the hymnal. Look for the Scripture reference that goes with the hymn. Read the hymn and read the Bible verses that fit the hymn.

# Bible Reading Schedule 1

There are only six days on the schedule. There is no reading for Sunday. On Sunday, you can follow along with the Bible readings at church.

## Day 1 – Mark 1:1-8

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

## Day 2 – Mark 1:9-13

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

## Day 3 – Mark 1:14-20

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

## Day 4 – Mark 1:21-28

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

## Day 5 – Mark 1:29-39

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

## Day 6 – Mark 1:40-45

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

## Bible Reading Schedule 2

### Day 1 – Mark 2:1-12

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

### Day 2 – Mark 2:13-17

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

### Day 3 – Mark 2:18-22

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

### Day 4 – Mark 2:23-28

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

### Day 5 – Mark 3:1-6

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

### Day 6 – Mark 3:7-12

What is this Bible reading about?  
What Bible truth does this section teach me?  
Do I have any questions about these verses?

## Assignment

- Finish the Bible Readings from Schedule 1, answering the questions as best you can. (Remember: Part of the purpose of a schedule is to get you to read your Bible *regularly*. Do not do all the readings in one day.)